

Medio Fondo Route Turn-by-Turn



Giro di San Diego Turn by Turn

Medio Fondo Fondo Route 65 miles

| Total Miles | Next Turn | 18 mph Ave | 14 mph Ave | 10 mph Ave | Description |
|-------------|-----------|------------|------------|------------|---|
| 0.0 | 2.0 | 8:00 AM | 8:00 AM | 8:00 AM | Head North on the 101 |
| 2.0 | 0.1 | 8:06 AM | 8:08 AM | 8:12 AM | Turn right onto Chesterfield Dr cross RR tracks |
| 2.1 | 2.4 | 8:07 AM | 8:09 AM | 8:12 AM | Turn right onto San Elijo Ave. |
| 4.5 | 1.6 | 8:15 AM | 8:19 AM | 8:27 AM | Turn right to stay on Manchester Ave |
| 6.1 | 2.5 | 8:20 AM | 8:26 AM | 8:36 AM | Continue onto S Rancho Santa Fe Rd |
| 8.6 | 2.8 | 8:28 AM | 8:36 AM | 8:51 AM | Turn right onto S Rancho Santa Fe Rd |
| 11.4 | 1.5 | 8:38 AM | 8:48 AM | 9:08 AM | Turn right onto San Elijo Rd |
| 12.9 | 2.1 | 8:43 AM | 8:55 AM | 9:17 AM | San Elijo Rest Stop on the right in Albertsons lot |
| 15.0 | 1.9 | 8:50 AM | 9:04 AM | 9:30 AM | San Elijo turns into S Twin Oaks |
| 16.9 | 1.5 | 8:56 AM | 9:12 AM | 9:41 AM | Right turn on E Barnham Dr |
| 18.4 | 1.5 | 9:01 AM | 9:18 AM | 9:50 AM | Left onto Woodland Pkwy |
| 19.9 | 6.3 | 9:06 AM | 9:25 AM | 9:59 AM | Right turn El Norte Pkwy |
| 26.2 | 0.4 | 9:27 AM | 9:52 AM | 10:37 AM | Left onto E Valley Pkwy |
| 26.6 | 0.3 | 9:28 AM | 9:54 AM | 10:39 AM | Wohlford Rest Stop on right past fruit stand |
| 26.9 | 6.0 | 9:29 AM | 9:55 AM | 10:41 AM | Turn right onto Lake Wohlford Rd |
| 32.9 | 3.9 | 9:49 AM | 10:21 AM | 11:17 AM | Left onto Woods Valley |
| 36.8 | 4.2 | 10:02 AM | 10:37 AM | 11:40 AM | Left onto Valley Center Rd |
| 41.0 | 0.5 | 10:16 AM | 10:55 AM | 12:06 PM | Rest Stop on Right across from fruit stand |
| 41.5 | 0.5 | 10:18 AM | 10:57 AM | 12:09 PM | Turn left onto Bear Valley Pkwy |
| 42.0 | 2.2 | 10:20 AM | 11:00 AM | 12:12 PM | Turn left onto Citrus Ave |
| 44.2 | 0.1 | 10:27 AM | 11:09 AM | 12:25 PM | Turn right onto San Pasqual Valley Rd |
| 44.3 | 3.1 | 10:27 AM | 11:09 AM | 12:25 PM | Turn left onto Bear Valley Pkwy |
| 47.4 | 0.6 | 10:38 AM | 11:23 AM | 12:44 PM | Right onto Beethoven Dr. Cross over I-15 |
| 48.0 | 3.1 | 9:40 AM | 10:25 AM | 11:48 AM | Right onto Via Rancho Pkwy |
| 51.1 | 8.0 | 9:50 AM | 10:39 AM | 12:06 PM | Turn Left onto Del Dios Hwy Rest Stop on right |
| 59.1 | 0.8 | 10:17 AM | 11:13 AM | 12:54 PM | Straight onto Paseo Delicias |
| 59.9 | 3.0 | 10:19 AM | 11:16 AM | 12:59 PM | Slight right onto Linea Del Cielo |
| 62.9 | 2.1 | 10:29 AM | 11:29 AM | 1:17 PM | Continue straight on Lomas Santa Fe Dr. |
| 65.0 | 0.1 | 10:36 AM | 11:38 AM | 1:30 PM | Cross HWY 101 |
| 65.1 | | 10:37 AM | 11:39 AM | 1:30 PM | Turn Left onto S. Sierra to finish |